



Jamaica Amateur Athletic Association
NATIONAL CHAMPIONSHIPS

ORDER OF EVENTS

DAY 1 FRIDAY, JUNE 27, 2008

FIELD EVENTS.....

3:45	High Jump	Heptathlon	FINAL
5:30	SHOT PUT HEPTATHLON	WOMEN	
6:00	DISCUS	WOMEN	FINAL
	LONG JUMP	WOMEN	FINAL
	JAVELIN	MEN	FINAL
7:30	TRIPLE JUMP	MEN	FINAL

TRACK EVENTS.....

3:00	100metres Hurdles	Heptathlon	Final
5:15	100metres Masters	Men	Final
5:20	400metres Masters	Men	Final
5:30	1500metres Masters	Men	Final
6:00	400metres Hurdles	Women	Heats
6:10	400metres Hurdles	Men	Heats
6:20	800metres	Women	Heats
6:30	800metres	Men	Heats
6:40	5000metres	Men	Final
7:00	PRESENTATIONS		
7:10	100metres	Women	Heats
7:25	100metres	Men	Heats
8:10	400metres	Women	Heats
8:25	400metres	Men	Heats
8:50	PRESENTATIONS		
8:55	200metres Heptathlon	Women	Final



Jamaica Amateur Athletic Association
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ORDER OF EVENTS

DAY 2 SATURDAY, JUNE 28, 2008

FIELD EVENTS.....

4:45	Long Jump	Heptathlon Women	
5:30	Shot Put	Women	Final
6:00	Javelin High Jump	Heptathlon Women Men	Final
6:30	Triple Jump	Women	Final
7:00	Discus Throw	Men	Final

TRACK EVENTS

5:00	3000metres steeple	Men	Final
5:30	400metres	Women	S/Final
5: 45	400metres	Men	S/Final
5:55	<u>PRESENTATIONS</u>		
6:10	100metres	Women	S/Final
6:20	100metres	Men	S/Final

6:35-6:55 OPENING CEREMONY

7:00	1500metres	Women	Final
7:10	1500metres	Men	Final
7:15	<u>PRESENTATIONS</u>		
7:25	400metres Hurdles	Women	Final
7:30	400metres Hurdles	Men	Final
7:35	800metres Heptathlon	Women	
7:40	<u>PRESENTATIONS</u>		
7:50	100metres	Women	Final
7:55	100metres	Men	Final



NATIONAL CHAMPIONSHIPS

ORDER OF EVENTS

DAY 3 SUNDAY, JUNE 29, 2008

FIELD EVENTS.....

9:30	Hammer Hammer	Women Men	Final Final
5:00	Pole Vault	Men	Final
6:00	Javelin High Jump	Women Women	Final Final
6:30	Long Jump Shot Put	Men Men	Final Final

TRACK EVENTS.....

5:00	100metres Hurdles	Women	S/Final
5:15	110metres Hurdles	Women	S/Final
5:30	200metres	Women	S/Final
5:40	200metres	Men	S/Final
5: 50	<u>PRESENTATIONS</u>		
6:10	800metres	Women	Final
6:15	800metres	Men	Final
6:20	<u>PRESENTATIONS</u>		
6:30	10,000metres	Men	Final
7:10	100metres Hurdles	Women	Final
7:20	110metres Hurdles	Men	Final
7:25	<u>PRESENTATIONS</u>		
7:30	400metres	Women	Final
7:35	400metres	Men	Final
7:40	<u>PRESENTATIONS</u>		
7:50	200metres	Women	Final
7:55	200metres	Men	Final
8:00	<u>PRESENTATIONS</u>		